

HAMBURG LITTLE CAGERS

GIRLS 9-10 DIVISION

RULES OF PLAY

PURPOSE

To provide an organized, recreational basketball league for the enjoyment and benefit of all the children who register to participate. To that end, our league sets the following guidelines:

TEAMS:

- Each team must designate players as “A” or “B” line players.
- The five designated “A” players will play against the opponent’s “A” players.
- The same will happen with the “B” group.
- “A” players are considered the higher skilled and more developed on your team.
- If you are missing players on a given day, you must inform the opposing coach. The two of you must agree on which player(s) will fill in on that day. Your top “A” players should NOT play on a “B” line.

GAME RULES:

- Games are 40 minutes long / 2 halves / running clock / stop clock for free throws and on whistles during the last minute of each half.
- At the 5 minute mark of each quarter, play is stopped to switch “A” and “B” lines.
- Each player should play at least 4 “5 minute shifts” on that day. If you are shorthanded, certain players will get extra time.
- No backcourt pressure – once the defending team gains clear control of the basketball, the shooting (offensive) team must retreat back past the “guarding line” (red line at Armor Elementary school) before they are allowed to actively guard a player with the ball.
- The ball may not be stolen in transition but, if there is a loose ball (errant pass or lost dribble) either team is allowed to make a play for the ball.
- The team on offense is allowed to set legal picks and the defense is allowed to switch players. There will be no double picks set on a single player. Just a single pick or screen is allowed to be set.
- The defense is not allowed to “double team” a player with the ball. The official will use their discretion to determine if a double team does occur and causes a disadvantage for the player with the ball.
- No zone defense – no “foot in the paint” defense. Players must actively guard a player.
- Foul shots will be allowed only on shooting fouls.
- Team fouls are not kept so there are not foul shots for non-shooting violations – no one and one, bonus, etc.
- The clock will stop in the last minute of the game if there is a 5 point differential (or less) after a basket. The clock will start once the team in the lead advances the ball past the guarding line. This will prevent the team in the lead from holding the ball until the clock runs out.
- When the team behind has the ball, or if the score is tied, the clock will run as normal.
- Overtime: If the score is tied at the end of regulation, ONE four minute overtime period will be played. “B” line will start and play two minutes and the “A” line will finish and their two minutes. If it is tied after ONE overtime, the result will be a tie.
 - The alternate possession arrow will be followed from regulation and each team will get **one** time out in overtime. Time outs do NOT carry over from regulation.

Flagrant and Intentional Fouls: The team that is opposing the team whose player commits a flagrant or intentional foul will receive 2 **free throws** AND the ball. FTs must be taken by the player who was fouled, unless they are injured and unable to.

Technical Fouls: The team that is opposing the team whose player/ coach/ spectator commits a technical foul will receive 2 **points** AND the ball.

Hamburg Little Cagers League-Wide Rule on Ejections:

1. If a player, a coach, or a spectator is ejected from a game for any reason, he/ she will be automatically suspended from his/ her team's next regularly scheduled game.
2. However, the Hamburg Little Cagers Board of Directors reserves the right to increase or decrease any suspension upon further review and consultation with the Division Representative.
3. Ejection from a game means that the ejected individual MUST leave the facility and the property of the facility in a timely fashion.
4. If an individual is suspended, that individual is not permitted to be at the facility or the property of the facility during the game(s) that he/ she is suspended for.
5. Players and Coaches who are suspended, are still permitted to participate in practices during their suspension unless the Hamburg Little Cagers Board of Directors decides otherwise.

Please remember, this program is about the girls – not the coaches. The focus should be on instruction, skill development and having fun.

Please support our officials through your conduct on and off the court.

Good Luck!